

## Here's a quick checklist you may want to use before you place a loved one in a Nursing Home or other Long-Term Care Facility:

- Obtain a Dural Power Of Attorney with provision that does not allow the POA to sign an arbitration clause.
- Check for Liability Coverage
- Visit after-hours & weekends
- Speak with other families in nursing home
- Read latest survey required to be posted in the nursing home
- Go to [www.medicare.gov/nursinghomecompare](http://www.medicare.gov/nursinghomecompare) to view past history of nursing home
- Are call lights going unanswered?
- Do residents look sedated/alert?
- Are residents clean?
- Are residents happy/content?
- Make sure you are **NOT** required to sign a arbitration agreement
- Check staffing posted log sheet...required to be posted 20 feet from front entrance
- Visit during meal time to see what food looks like
- Check to see if residents' that need assistance eating are being fed
- Check to see if residents' rooms have fresh water in pitchers
- Are employees taking care of the residents needs?
- Are the employees relating to the residents?
- Does the nursing home have a Family Council?
- Are there smells of urine and other bad orders?

**\*\* CONTACT AANHR \*\*\***

[www.aanhr.org](http://www.aanhr.org) or Call **501-450-9619**