



AANHR

Arkansas Advocates for Nursing Home Residents

PROTECTING NURSING
HOME RESIDENTS

May
2015

Conway (501) 450-9619

AANHR's Mission Statement:
"To protect and improve the quality of care and life for residents in Arkansas nursing homes."

Next Meeting

May 11

Meeting

Place:

First Assembly of God
Church

4501 Burrow Road
North Little Rock

Directions to church
On back of
Newsletter.

10:00 A.M.

Meeting for
members, family and
friends of residents.

(Closed to persons
representing the
nursing home
industry.)

11:00 A.M.

Public meeting
(See article at right.)



May 11th AANHR Meeting topic: What Alzheimer's Arkansas Has to Offer You!

Lynn Akdamar, Outreach Director, BSE, MA

Lynn Akdamar is the Outreach Director at Alzheimer's Arkansas where she currently travels, promotes, advocates, and fundraises for caregivers and families that have been affected by dementia and Alzheimer's disease. She is a graduate of University of Arkansas at Little Rock with a Master's Degree in Gerontology. She also holds a Bachelors of Education from the University of Central Arkansas at Conway.

She previously worked in long-term care for the last six years having interned as a Social Coordinator. She also trained and educated staff on all aspects of long-term care and worked as the weekend Activities Director and weekend management. She attended R.N. school and holds a C.N.A. so she also has hands on experience as both a nurse and an aid. Having worked in long-term care for six years has provided Lynn with the knowledge and experience of working with residents, caregivers, and families of loved-ones who are suffering with Alzheimer's and dementia. Also, the experience has also left a mark on her heart and given her a determination to become an advocate for the older generation.

Please join us at 11:00 AM on Monday, May 11th for this important topic relative to our frailest family members. Knowledge is power! There is both safety and support in numbers. We invite you to join AANHR's "numbers" in advocating for Arkansas' senior citizens.





From the President's Desk Martha Deaver

It is always shocking for me/AANHR to FOI the "Professional Liability Insurance Cost Reports," which AR nursing homes are reimbursed for each year. Nursing home owners' premiums go up because they continue to give bad care. Being cited for poor care also means they are violating state and federal laws. Tax payers' dollars (state & federal) pay for the reimbursement to protect the nursing home administration from the results of its poor care, to the tune of millions of dollars each year. Please take a few minutes to look over the spreadsheet on pages 4-5.

Most of us carry liability insurance on our vehicles and homes. This covers us if a visitor falls at our home and sustains injury or if we are involved in an auto accident. Our insurance coverage pays medical bills for visitors' injuries or to repair our car, sometimes the other car(s) involved, and any personal injury caused inadvertently by us, the driver. As responsible citizens we provide for the protection of our persons and our property. The difference between us and nursing homes is that we personally pay for our insurance premiums for our protection. If we are irresponsible enough to receive a DUI or other infraction naturally our insurance premiums rise.

In the case of nursing home owners, premiums are also personally paid by us citizens through taxation that supports Medicaid. The cost for most (not all) nursing home residents' care is paid under Medicaid. Nursing home liability insurance might involve various categories of coverage such as injury accidents that visitors incur, transport van accidents, along with abuse and neglect to residents.

We have a cycle going within the nursing home industry. Medicaid reimburses for care (including liability insurance premiums); the nursing home doesn't always give good care; abuse and neglect occur; so liability insurance premiums rise thus requiring more tax dollars spent. If resident care improved, premiums could be reduced, resulting in tax savings in the federal/state budget. In a time of record deficits/national debt would that not be a welcome set of circumstances.

AANHR believes that AR nursing homes should be required to carry liability insurance. We do not believe that taxpayers should be paying to protect nursing home owners when abuse, neglect, and death of our most frail and vulnerable citizens occurs. The total reimbursement to Arkansas nursing homes from this June 30, 2014 report, according to this spreadsheet, was \$20,599,186. Now, that is a lot of tax dollars spent!

Volunteer Ombudsmen Needed

Regardless of whether or not you end up becoming a volunteer ombudsman, your knowledge will increase greatly by attending an ombudsman training session. Volunteer Ombudsman training takes only one day and can make an incredible difference in the life of a nursing home resident. A volunteer ombudsman is authorized to help the residents with any concerns. Protecting the resident's rights is a priority. The volunteer ombudsman is authorized to take complaints and report things they see that are questionable to their regional ombudsman, who can take steps to remedy the situation. A volunteer ombudsman can make a big difference brightening the life of a nursing home resident. After the day of training and a short orientation period one can become a Certified Ombudsman and can choose to be assigned to a specific nursing home where just two hours service per week is expected. If interested, please contact Martha Deaver at 501-450-9619; she will put you in touch with your regional ombudsman.

"Speak up for those who cannot speak for themselves, for the rights of all who are destitute. Speak up and judge fairly; defend the rights of the poor and needy." Proverbs 31:8 NIV





Residents' Personal Funds

Stormy Smith, Program Manager with the Office of Long Term Care (OLTC) recently explained resident trust funds to those attending an AANHR meeting. The standard monetary amount for personal needs is currently \$40.00 per month. If a resident's social security check is sent directly to the home to help pay for his/her care then the \$40.00 designated for the resident's personal needs should be set aside for the resident's personal needs in a trust fund account. If the resident's responsible party or some other "trustee" has oversight of the resident's social security funds then he/she (the responsible party) is obligated to see that the \$40.00 for personal needs is used for the resident's personal benefit. Certain parameters exist to govern these funds.

Resident Trust Fund Facts:

1. The management of resident trust funds, personal funds and reporting of violations are governed by federal and state regulations.
2. Upon written authorization of a resident, the facility must hold, safeguard, manage, & account for the personal funds of a resident deposited with the facility.
3. Individual account funds with a balance greater than \$50 (Medicaid) and \$100 (Medicare) must be placed in an interest bearing account.
4. The facility must provide that upon request of a resident/representative up to \$50 (Medicaid) and \$100 is available for the resident/representative the same day request is made. Amounts greater than those should be available within three banking days of the request. Residents should have access to petty cash on an ongoing basis.
5. Residents' funds are not to be co-mingled with facility funds or with another person's funds.
6. Quarterly statements should be provided to residents in writing within 30 days after the end of each quarter.
7. The facility must notify the resident/representative when an account balance reaches \$200 less than the resource limit to maintain eligibility for Medicaid/SSI. (This notice must include info that if the amount in the trust fund plus the value of the resident's non exempt resources reaches the SSI limit for one person, the resident may lose their eligibility for Medicaid/SSI).
8. Trust fund monies should not be used for any item/service for which Medicaid/Medicare pays.
9. Proper bookkeeping for trust funds requires an individual ledger card, ledger sheet or equivalent established for each resident on which only those transactions involving his/her personal funds are and maintained. (The record should have info on when transactions occurred, what they were, as well as maintain the ongoing balance for every resident).
10. Any allegation, suspicion or proof of the misuse or theft of resident trust funds must be reported to the OLTC. Report must be made, using the proper form by 11:00 AM the next business day after incident occurs. Also, the local law enforcement authority must be called!
11. Theft/misuse of resident trust funds is a criminal act; it is theft of property. \$500.00 or more is a Class C Felony. \$2,500 or more is Class B Felony. If \$70.00 is misused from 10 residents, it equals \$700.00 which, under the cumulative provision is a Class C Felony.
12. The facility must convey the resident's funds and provide a final accounting to the individual/probate jurisdiction for the resident's estate within 30 days of the resident's death.

Senior Moments.....

Two elderly ladies had been friends for many decades. Over the years they had shared all kinds of activities and adventures. Lately, their activities had been limited to meeting a few times a week to play cards. One day they were playing cards when one looked at the other and said, "Now don't get mad at me.....I know we've been friends for a long time.....but I just can't think of your name! I've thought and thought, but I can't remember it. Please tell me what your name is. Her friend glared at her. For at least three minutes she just stared and glared at her. Finally she said, "How soon do you need to know?"

Arkansas Department of Human Services
Division of Medical Services
Professional Liability Insurance Cost from 7/1/2013 - 6/30/2014
Medicaid Cost Report For Arkansas Nursing Homes
(Only those facilities that are operated for full state fiscal year
Are required to submit a full-year cost report.)

VEN-DOR	PROVIDER NAME	LIAB. INS.
872	ALCOA PINE H&R	279,000
859	ALMA H&R	105,099
8	AR NURSING AND REHAB 1 LLC	112,110
9	ARKANSAS CONVALESCENT CENTER	138,861
876	ARKANSAS VETERANS HOME AT FAY.	-
879	ASHLEY H&R	150,222
874	ASHTON PLACE H&R LLC	171,720
31	ATKINS NURSING AND REHAB CENTER	140,520
434	AUTUMN HILL INC	-
486	BAILEY CREEK H&R	195,500
824	BEEBE RETIREMENT CENTER INC	178,500
579	BELLE MEADE REHAB & GUEST CARE	360,000
839	BELLE VIEW ESTATES REHAB AND CAR	240,300
59	BENTONVILLE MANOR NURSING HOME	69,356
500	BRADFORD HOUSE NURSING AND REHAB	151,440
867	BRIARWOOD NURSING AND REHAB CTR	175,620
217	BRIGHTON RIDGE	-
523	BROOKRIDGE COVE REHAB AND CARE	354,300
455	BROOKSIDE H&R	173,535
88	CABOT NURSING AND REHAB CTR	-
346	CANYON SPRINGS H&R	197,707
822	CAVE CITY NURSING HOME	32,122
110	CHAMBERS NURSING AND REHAB CTR	119,175
497	CHAPEL RIDGE H&R	153,000
36	CHAPEL WOODS H&R	325,500
847	CHENAL REHAB & HEALTHCARE	102,154
125	CLA-CLIF NURSING & REHAB CTR	37,758
637	COURTYARD GARDENS H&R	141,220
445	COURTYARD REHAB & HEALTHCARE	404,111
30	COVINGTON COURT H&R	345,006
175	CRAIGHEAD NURSING CENTER	47,832
315	CRAWFORD H&R	-
476	CREEKSIDE H&R	129,395
431	CRESTPARK DEWITT LLC	27,826
173	CRESTPARK FORREST CITY LLC	50,544
176	CRESTPARK HELENA LLC	48,672
177	CRESTPARK MARIANNA LLC	43,264
178	CRESTPARK STUTTGART LLC	62,190
179	CRESTPARK WYNNE LLC	62,192
800	CRONE HEALTHCARE INC	-
539	CROWNPOINT H&R	-
186	CUMBERLAND H&R	81,758
185	DARDANELLE NURSING AND REHAB	171,720
834	DAVIS EAST	-
187	DAVIS LIFE CARE CENTER	30,852
830	DERMOTT CITY NURSING HOME	-
192	DEWITT NURSING HOME	49,387
853	DIERKS H&R	22,995

VEN-DOR	PROVIDER NAME	LIAB. INS.
524	ENCORE H&R	49,439
6	FAYETTEVILLE H&R	39,126
856	FIANNA HILLS NURSING AND REHAB	47,421
240	GARDNER NURSING CENTER	178,500
361	GENERAL BAPTIST NURSING OF PIGGOT	37,333
90	GLENWOOD H&R LLC	112,976
243	GOOD SAMARITAN SOC. HOT SPRINGS	13,626
261	GOOD SAMARITAN SOC. MT HOME	17,092
865	GREENBRIER NURSING AND REHAB	135,840
285	GREENE ACRES NURSING HOME	80,117
290	GREENHURST NURSING CENTER	29,022
894	GREYSTONE NURSING AND REHAB LLC	109,320
249	H&R CTR OF W MEMPHIS	117,242
833	HEARTLAND REHAB AND CARE CENTER	357,300
837	HEATHER MANOR NURSING & REHAB	200,250
321	HERITAGE LIVING CENTER	205,700
17	HERITAGE OF HOT SPRINGS H&R	214,653
320	HERITAGE PARK NURSING CENTER	76,932
590	HERITAGE SQUARE NURSING & REHAB	146,200
484	HIGHLAND CT A REHAB & RESIDENT CAR	312,087
869	HIGHLAND H&R	135,186
326	HILLCREST CARE AND REHAB LLC	27,772
325	HILLCREST HOME	-
338	HOMESTEAD MANOR NURSING HOME	72,736
355	HUDSON MEMORIAL NURSING HOME	95,553
828	INDIAN ROCK VILLAGE LLC	66,307
846	INNISFREE H&R LLC	124,920
886	JAMESTOWN NURSING AND REHAB LLC	177,570
512	JOHNSON COUNTY H&R	109,520
889	KATHERINES PLACE AT WEDINGTON	185,300
892	LAKE HAMILTON H&R	131,160
446	LAKE VILLAGE REAHAB AND CARE CTR	306,300
412	LAKESIDE NURSING CENTER	127,500
420	LAKESIDE CONVALESCENT HOME INC	-
836	LAKESIDE NURSING AND REHAB CTR	-
601	LAUREL PLACE H&R CTR	61,288
425	LAWRENCE HALL NURSING CENTE R	51,859
540	LEGACY H&R	11,535
426	LEGACY HEIGHTS NURSING AND REHAB	136,620
704	LINCOLN HEIGHTS HEALTHCARE	49,385
260	LINDLEY H&R CTR	18,202
210	LINROCK H&R CTR	25,939
438	LITTLE RIVER NURSING AND REHAB	-
432	LONGMEADOW NURSING CTR CAMDEN	58,170
436	LONGMEADOW NURSING CTR MALVERN	-
848	LONOKE NURSING AND REHAB CTR	-
880	MADISON H&R LLC	5,993
465	MANILA NURSING CENTER	119,000

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VEN-DOR	PROVIDER NAME	LIAB. INS.	VEN-DOR	PROVIDER NAME	LIAB. INS.
870	MAPLES AT HAR-BER MEADOWS	238,000	866	ST. ELIZABETH'S PLACE	187,000
496	MEADOWVIEW H&R	126,400	701	ST. JOHN'S PLACE OF ARKANSAS LLC	504,200
510	METHODIST H&R	10,225	602	ST. MICHAELS PLACE, INC	99,222
515	MITCHELLS NURSING HOME, INC	16,068	705	STELLA MANOR CARE CENTER	201,360
424	MONETTE MANOR	41,080	542	STONE COUNTY NURSING AND REHAB	71,291
521	MONTGOMERY COUNTY NURSING HOME	633	890	STONEGATE VILLA H&R	98,854
849	MOUNTAIN MEADOWS H&R	255,750	375	STONERIDGE H&R LLC	-
358	MURFREESBORO REHAB & NURSING, INC	-	693	STONEBROOK H&R	141,895
532	NASHVILLE NURSING AND REHAB, INC	119,000	725	SUMMIT H&R	280,012
534	NEWTON COUNTY NURSING HOME	18,283	84	THE CROSSING AT RIVERSIDE HEALTH	320,850
868	NORTH HILLS LIFE CARE AND REHAB	156,400	133	GRN HSE COTTAGES OF WWP SOUTH	300,213
864	NORTHRIDGE H&R	102,044	454	GRN HSE COTTAGES OF WWP HOME ST	326,356
852	NURSING & REHAB CTR AT GOOD SHEP	187,320	454	GRN HSE COTTAGES OF WWP TRAD	125,648
544	OAK MANOR NURSING AND REHAB CTR	187,320	878	THE LAKES AT MAUMELLE H&R	162,750
549	OAK RIDGE NURSING HOME	143,500	448	THE WOODS OF MONTICELLO H&R	172,288
877	OAKDALE NURSING CENTER	99,188	665	THREE RIVERS H&R	56,472
769	OZARK HEALTH NURSING AND REHAB	-	875	TIMBERLANE H&R	163,200
570	OZARK NURSING HOME	58,208	9006	TRINITY VILLAGE MEDICAL CENTER	36,428
815	PARIS H&R	19,093	603	TWIN RIVERS H&R LLC	32,388
592	PERRY COUNTY NURSING & REHAB CTR	148,320	884	VALLEY RANCH NURSING AND REHAB	75,180
442	PINE HILLS H&R LLC	149,692	81	VAN BUREN H&R	85,144
444	PINEWOOD H&R LLC	125,685	231	VILLAGE SPRINGS H&R	279,000
609	PINK BUD HOME FOR THE GOLDEN YRS	116,292	606	WALDRON NURSING CENTER, INC	-
618	PLEASANT MANOR NURSING AND REHAB	44,498	883	WALNUT GROVE NURSING AND REHAB	50,703
854	PLEASANT VALLEY NURSING AND REHAB	50,734	893	WEST MARKHAM SUB-ACUTE AND RE	105,310
501	PRAIRIE GROVE H&R	64,008	339	WESTWOOD H&R, I N C	127,500
857	PREMIER H&R	169,463	785	WHITE RIVER HEALTH CARE	23,902
9010	PRESBYTERIAN VILLAGE INC	35,189	826	WILLOWBEND AT MARION	50,760
613	PRESCOTT MANOR NURSING CENTER	149,634	337	WINDCREST H&R, I NC	126,200
842	QUAPAW CARE AND REHAB CENTER LLC	196,680	823	WOODBRIAR NURSING HOME	61,186
616	RANDOLPH COUNTY NURSING HOME	19,147	863	WOODLAND HILLS H&R	180,675
258	RED OAK H&R LLC	155,251	844	WOODLAND HILLS H&R	95,078
439	RIDGECREST H&R	141,100	797	WOODRUFF COUNTY HEALTH CENTE R	75,435
633	RIVER CHASE REHAB AND CARE CENTER	264,600			
829	RIVER RIDGE REHAB AND CARE CENTER	300,300			
776	RIVER VALLEY H&R	90,217			
843	ROBINSON NURSING AND REHAB CTR	171,720			
652	RUSSELLVILLE NURSING AND REHAB	156,120			
158	SALEM PLACE NURSING AND REHAB CTR	188,880			
887	SANDALWOOD HEALTHCARE LLC	123,506			
835	SHERWOOD NURSING AND REHAB CTR	137,400			
881	SHILOH NURSING AND REHAB LLC	120,240			
443	SILVER OAKS H&R	176,800			
827	SOUTHERN TRACE REHAB AND CAR E	348,300			
838	SPRING BROOK H&R CENTER	23,177			
831	SPRING CREEK H&R	185,300			
619	SPRINGDALE H&R	-			
376	ST. ANDREW'S PLACE	91,467			
				TOTAL \$20,599,186	

AANHR Special Thanks

We extend our heartfelt thanks to the following people and groups who make our outreach possible:

Gary Miller of Prosmart Printing for assistance in newsletter and brochure publication.

M. Darren O'Quinn, Attorney, Little Rock, for his continued assistance to and support of AANHR.

Paschall Strategic Communications for their continued assistance with public relations needs.

The Law Office of Bob Edwards for providing AANHR Good Care Booklets

First Assembly of God Church in North Little Rock for providing AANHR a meeting room.

David Couch of The Law Offices of David A. Couch, PLLC, PA, for his support and assistance, and his providing POA documents pro bono.

AANHR Officers and Board Members

President - Martha Deaver, Conway (501-450-9619)

Vice President - Nancy Patterson, Searcy (501-305-4034)

Secretary - Nancy Allison, Conway (501-327-3152)

Treasurer - Frances Walker, Benton (501-316-0260)

Members of the Board: Martha Blount, Searcy (501-278-9168); Linda Brimer, Searcy (501-268-4699); James Brooks, North Little Rock (501-454-6279); Pat McGuire, Alexander (501-847-1016); and Ann Pinney, Benton (501-249-1084).

Newsletter Editors: Ernie and Martha Blount, Searcy.

Honorary Board Members: Faye Sandstrum, Searcy.

Helpful/Important Numbers

The Office of Long Term Care (OLTC)

has a toll-free number for information, assistance and complaints for residents and family members:

1 - 800 - LTC - 4887 between 8 a.m. and 4:30 p.m. on weekdays.

You may also write to: Office of Long Term Care (OLTC) P.O. Box 8059, Slot 400 Little Rock, AR
72203-8059

OLTC website:

[Http://humanservices.arkansas.gov/dms/Pages/oltcHome.aspx](http://humanservices.arkansas.gov/dms/Pages/oltcHome.aspx)

You should also report complaints to the Arkansas Attorney General

Toll Free: 1 - 866 - 810 - 0016

Little Rock Local: 682 - 7760

For additional assistance or a listening ear, call AANHR at

(501)450 - 9619 in Conway

Visit our website at www.aanhr.org or e-mail us at Info@aanhr.org

Your local Ombudsman's number should be posted in a prominent place in the nursing home, preferably near the front entrance. You may also call your local Area Agency on Aging to secure the name and phone number of the Ombudsman.

The UALR Senior Justice Center can be reached at: **501 - 683 - 7153.**

www.ualr.edu/senior justice



Arkansas Advocates for Nursing Home Residents

AANHR

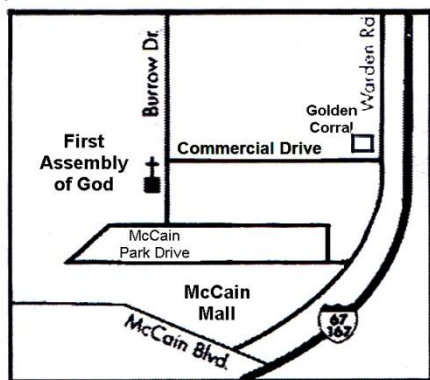
P.O. Box 165641 Little Rock, AR 72216

www.aanhr.org

NON-PROFIT
ORGANIZATION
U.S. POSTAGE PAID
LITTLE ROCK, AR
PERMIT NO. 1886

Address Service Requested

May 2015



Strength in Numbers, AANHR Needs You!!

AANHR is a nonprofit organization run by non-paid volunteers dedicated to protecting and improving the quality of care and life for Arkansas residents in long term care facilities.

Won't you please lend your support to us by joining our organization? Your membership dues help to pay for our activities that support our mission statement. Memberships are available on a calendar year basis. Join now and you will be a member through **December 31, 2015**.

Today's Date _____

Name _____

Mailing address _____

City/State/Zip _____

Phone _____

Email _____

- I wish to receive the AANHR newsletter.
- \$15 per individual membership enclosed.
- \$20 per family or corporate membership.
- Waive dues because of financial hardship.

Please make checks payable to: AANHR and mail to
2336 Riverview Circle, Benton AR 72019

Driving directions to First Assembly of God Church, 4501 Burrow Road, North Little Rock

Coming from the North:

When driving South on Highway 67/167, take exit #1A onto Warden Road. As soon as you safely can, move into the right-hand lane, as you will be turning right at the Golden Corral Restaurant onto Commercial Drive.

Coming from East, West or South:

If you are on either I-30 or I-40, take Highway 67/167 North. Take exit #2 onto Landers Road. Stay in the left-hand lane, as you will be turning left and going under Highway 67/167 and enter Warden Road going southbound. As soon as you safely can, move into the right-hand lane, as you will be turning right at the Golden Corral Restaurant onto Commercial Drive.

Commercial Drive terminates at the church. Proceed straight across Burrow Road into the church's parking lot and turn right at the far side of the building into the narrow alley-like drive.

The entry door is located about half-way down this side of the church and the meeting room (#113) is immediately inside the entrance door.