

AANHR

Arkansas Advocates for Nursing Home Residents

PROTECTING NURSING HOME RESIDENTS

March 2014

Next Meeting
March 10th
Meeting
Place:
First Assembly of God

Church
4501 Burrow Road
North Little Rock
Directions to church
On back of
Newsletter.

10:00 A.M.

Meeting for
members, family and
friends of residents.
(Closed to persons
representing the
nursing home
industry.)

11:00 A.M.
Public meeting
(See article at right.)



Conway (501) 450-9619

AANHR's Mission Statement:

"To protect and improve the quality of care and life for residents in Arkansas nursing homes."



March 10 Meeting Topic: Certified Volunteer Ombudsman Goals 2014

Speaker: Kathie Gately, AR State Ombudsman

Are you familiar with the role a Certified Volunteer Ombudsman plays in your local nursing home? Do you have two or three hours per week that you would be

willing to spend with nursing home residents who would love to have a listening ear? If so you will gain valuable insights on serving our sometimes forgotten seniors by attending our March 10th AANHR meeting where Kathi Gately will share her 2014 goals for the Volunteer Ombudsman program in Arkansas.

Kathie received her Bachelor's degree in Social Work from Arkansas State University, beginning her career by holding positions within the long-term care facility environment. She then transitioned to Adult Protective Services within the Department of Human Services.

Since 2003, Kathi has served Arkansas long-term care residents as the State Long-Term Care Ombudsman, where she has dedicated more than 30 years of experience in the long-term care field to advocating for the rights of all older Arkansans in long-term care. She received the Cernoria Johnson Memorial Advocacy Award in 2009, including supportive recommendations from Attorney General Dustin McDaniel and Governor Mike Beebe.

Through consistent recruitment, training, inclusion and recognition, the Certified Volunteer LTC Ombudsman program has certified 725 volunteers with 365 active volunteers working today. Kathie Gately states, "certified volunteers are critical to those we serve as they are an extension, the eyes and ears, of the Regional LTC Ombudsman. They assist the Regional Ombudsman by having the capability of tangible outreach through weekly visits."

Please join us on Monday, March 10th, as Kathie shares her 2014 goals for our advocates for family members in nursing homes in the ongoing struggle to improve quality of life for nursing home residents in their later years.



From the President's Desk Martha Deaver

It is always shocking for me/AANHR to FOI the "Professional Liability Insurance Cost Reports," which AR nursing homes are reimbursed for each year. Nursing home owners' premiums go up because they continue to give bad care. Being cited for poor care also means they are violating state and federal laws. Tax payers' dollars (state & federal) pay for the reimbursement to protect the nursing home administration from the results of its poor care, to the tune of millions of dollars each year. Please take a few minutes to look over the spreadsheet on pages 4-5.

Most of us carry liability insurance on our vehicles and homes. This covers us if a visitor falls at our home and sustains injury or if we are involved in an auto accident. Our insurance coverage pays medical bills for visitors' injuries or to repair our car, sometimes the other car(s) involved, and any personal injury caused inadvertently by us, the driver. As responsible citizens we provide for the protection of our persons and our property. The difference between us and nursing homes is that we <u>personally</u> pay for our insurance premiums for our protection. If we are irresponsible enough to receive a DUI or other infraction naturally our insurance premiums rise.

In the case of nursing home owners, premiums are also <u>personally</u> paid by us citizens through taxation that supports Medicaid. The cost for most (not all) nursing home residents' care is paid under Medicaid. Nursing home liability insurance might involve various categories of coverage such as injury accidents that visitors incur, transport van accidents, along with abuse and neglect to residents.

We have a cycle going within the nursing home industry. Medicaid reimburses for care (including liability insurance premiums); the nursing home doesn't always give good care; abuse and neglect occur; so liability insurance premiums rise thus requiring more tax dollars spent. If resident care improved, premiums could be reduced, resulting in tax savings in the federal/state budget. In a time of record deficits/national debt would that not be a welcome set of circumstances.

AANHR believes that AR nursing homes <u>should</u> be required to carry liability insurance. We do not believe that taxpayers should be paying to protect nursing home owners when abuse, neglect, and death of our most frail and vulnerable citizens occurs. The total reimbursement to Arkansas nursing homes from this June 30, 2013 report, according to this spreadsheet, was \$23, 372, 143. Now, that is a lot of tax dollars spent!

Volunteer Ombudsmen Needed

Regardless of whether or not you end up becoming a volunteer ombudsman, your knowledge will increase greatly by attending an ombudsman training session. Volunteer Ombudsman training takes only one day and can make an incredible difference in the life of a nursing home resident. A volunteer ombudsman is authorized to help the residents with any concerns. Protecting the resident's rights is a priority. The volunteer ombudsman is authorized to take complaints and report things they see that are questionable to their regional ombudsman, who can take steps to remedy the situation. A volunteer ombudsman can make a big difference brightening the life of a nursing home resident. After the day of training and a short orientation period one can become a Certified Ombudsman and can choose to be assigned to a specific nursing home where just two hours service per week is expected. If interested, please contact Martha Deaver at 501-450-9619; she will put you in touch with your regional ombudsman.

"Speak up for those who cannot speak for themselves, for the rights of all who are destitute. Speak up and judge fairly; defend the rights of the poor and needy." Proverbs 31:8 NIV



AANHR Special Thanks

We extend our heartfelt thanks to the following people and groups who make our outreach possible:

Paschall Strategic Communications for their continued assistance with public relations needs.

Joshua Mayhan for managing the AANHR website and sending AANHR email alerts.

First Assembly of God Church in North Little Rock for providing AANHR a meeting room.

David Couch of The Law Offices of David A. Couch, PLLC, PA, for his support and assistance, and his providing POA documents probono.

Gary Miller of Prosmart Printing for assistance in newsletter and brochure publication.

M. Darren O'Quinn, Attorney, Little Rock, for his continued assistance to and support of AANHR.

AANHR Officers and Board Members

President - Martha Deaver, Conway (501-450-9619)

Vice President - Nancy Patterson, Searcy (501-278-6577)

Secretary - Nancy Allison, Conway (501-327-3152)

Treasurer - Frances Walker, Benton (501-316-0260)

Members of the Board: Martha Blount, Searcy (501-278-9168); Linda Brimer, Searcy (501-268-4699); James Brooks, North Little

Rock (501-454-6279); Pat McGuire, Alexander (501-847-1016); and Ann Pinney, Benton (501-249-1084).

Newsletter Editors: Ernie and Martha Blount, Searcy. **Honorary Board Members:** Faye Sandstrum, Searcy.

Helpful/Important Numbers

The Office of Long Term Care (OLTC)

has a toll-free number for information, assistance and complaints for residents and family members: 1 - 800 - LTC - 4887 between 8 a.m. and 4:30 p.m. on weekdays.

You may also write to: Office of Long Term Care (OLTC) P.O. Box 8059, Slot 400 Little Rock, AR

72203-8059

OLTC website:

Http://humanservices.arkansas.gov/dms/Pages/oltcHome.aspx

You should also report complaints to the Arkansas Attorney General

Toll Free: 1 - 866 - 810 - 0016 Little Rock Local: 682 - 7760

For additional assistance or a listening ear, call AANHR at

(501)450 - 9619 in Conway

Visit our website at www.aanhr.org or e-mail us at Info@aanhr.org
Your local Ombudsman's number should be posted in a prominent place in the nursing home, preferably near the front
entrance. You may also call your local Area Agency on Aging to secure the name and phone number of the Ombudsman.

Arkansas Department of Human Services Division of Medical Services

Professional Liability Insurance Cost from 7/1/2012 - 6/30/2013 Medicaid Cost Report For Arkansas Nursing Homes

(Only those facilities that are operated for the full state fiscal year Are required to submit a full-year cost report.)

VEN- DOR	PROVIDER NAME	LIAB. INS.
859	ALMA HEALTHCARE & REHAB	\$104,205
311	APPLE RIDGE HEALTH AND REHAB LLC	\$149,422
876	ARK VETERANS HOME AT FAYETTEVILLE	\$ 143,422
9	ARKANSAS CONVALESCENT CENTER	\$113,640
8	ARKANSAS NURSING AND REHAB	\$101,244
879	ASHLEY HEALTH AND REHAB	\$148,956
874	ASHTON PLACE HEALTH AND REHAB	\$158,847
31	ATKINS NURSING AND REHAB CENTER	\$140,517
434	AUTUMN HILL INC	\$(
486	BAILEY CREEK HEALTH AND REHAB	\$185,955
824	BEEBE RETIREMENT CENTER INC	\$169,785
579	BELLE MEADE A REHABILITATION	\$279,000
839	BELLE VIEW ESTATES REHAB & CARE	\$336,000
59	BENTONVILLE MANOR NURSING HOME	\$47,675
500	BRADFORD HOUSE NURSING AND REHAB	\$151,437
867	BRIARWOOD NURSING AND REHAB CTR	\$140,517
217	BRIGHTON RIDGE	\$(
427	BRISTOL POINTE HEALTH AND REHAB	\$223,843
632	BROOKEWOOD NURSING REHAB	\$90,060
523	BROOKRIDGE COVE REHAB AND CARE	\$495,600
455	BROOKSIDE HEALTH AND REHAB	\$165,821
88	CABOT NURSING AND REHAB CTR	\$(
346	CANYON SPRINGS HEALTH AND REHAB	\$205,089
841	CARE MANOR NURSING AND REHAB CENT	\$193,025
822	CAVE CITY NURSING HOME	\$31,666
110	CHAMBERS NURSING HOME CTR, INC	\$134,019
497	CHAPEL RIDGE HE ALTH AND REHAB	\$145,530
882	CHENAL HEIGHTS HEALTH AND REHAB	\$139,202
847	CHENAL REHABILITATION & HEALTHCARE	\$56,475
125	CLA-CLIF NURSI NG & REHAB CENTER	\$31,160
129	CLARKSVILLE COMMUNITY H&R	\$153,817
41	CONCORDIA HEALTH AND REHAB LLC	\$133,817
888	CORNING THERAPY AND LIVING CENTER	
637	COURTYARD GARDENS H&R	\$225,960
		\$146,492
445	COURTYARD REHAB AND HEALTHCARE	\$262,689
30	COVINGTON COURT H&R	\$208,093
175	CRAIGHEAD NURSING CENTER	\$43,324
315	CRAWFORD HEATLH CARE & REHAB	\$0
431	CRESTPARK DEWITT LLC	\$28,167
173	CRESTPARK FORREST CITY LLC	\$57,543
176	CRESTPARK HELENA LLC	\$45,799
177	CRESTPARK MARIA NNA LLC	\$40,943
178	CRESTPARK STUTTGART LLC	\$59,028
179	CRESTPARK WYNNE LLC	\$59,011
539	CROWNPOINT HEALTH AND REHAB CTR	\$0
186	CUMBERLAND HEALTH AND REHAB	\$77,432
185	DARDANELLE NURSING AND REHAB	\$171,717
834	DAVIS EAST	\$7,505
187	DAVIS LIFE CARE CENTER	\$11,824

VEN- DOR	PROVIDER NAME	LIAB. INS.
	DEDMOTT CITY NUIDCING HOME	
830 192	DERMOTT CITY NURSING HOME DEWITT NURSING HOME	\$45.550
853	DIERKS HEALTH & REHAB CTR	\$45,550 \$32,398
855 6	FAYETTEVILLE HEALTH & REHAB	\$258,263 \$184,179
856	FIANNA HILLS NURSING AND REHAB	\$164,179
240	GARDNER HEALTH, LLC	
821	GASSVILLE THERAPY AND LIVING CTR	\$169,885 \$282,498
361	GENERAL BAPTIST NURSING OF PGGOTT	,
90	GLENWOOD HEALTH AND REHAB LLC	\$17,759 \$117,194
261		
	GOOD SAMARITAN SOCIETY HOT SPRINGS	\$15,865
243	GOOD SAMARITAN SOCIETY HOT SPRINGS	\$12,313
873	GOSNELL THERAPY AND LIVING CTR	\$188,300
865	GREENBRIER NURSING AND REHAB	\$135,837
285	GREENE ACRES NURSING HOME	\$88,083
290	GREENHURST NURSING CENTER	\$28,668
249	HEALTHCARE & REHAB CTR. W. MEMPHIS	\$124,657
833	HEARTLAND REHAB AND CARE CENTER	\$499,800
837	HEATHER MANOR NURSING & REHAB CTR	\$199,797
321	HERITAGE LIVING CENTER	\$195,657
17	HERITAGE OF HOT SPRINGS H&R	\$222,668
320	HERITAGE PARK NURSING CENTE R	\$56,874
590	HERITAGE SQUARE NURSING & REHAB	\$139,062
484	HIGHLAND CT A REHAB & RESIDENT CARE	\$241,800
869	HIGHLAND HEALTH CARE & REHAB	\$133,997
326	HILLCREST CARE AND REHAB	\$0
325	HILLCREST HOME	\$0
334	HILLSBORO MANOR LIFE CARE C ENTER	\$0
871	HIRAM SHADDOX GERIATRIC CTR	\$0
338	HOMESTEAD MANOR NURSING HOME	\$51,462
355	HUDSON MEMORIAL NURSING HOME	\$65,016
828	INDIAN ROCK VIL LAGE LLC	\$58,299
846	INNISFREE HEALT H AND REHAB LLC	\$124,917
886	JAMESTOWN NURSING AND REHAB LLC	\$160,017
889	KATHERINES PLACE AT WEDINGTON	\$179,850
892	LAKE HAMILTON HEALTH AND REHAB	\$131,158
446	LAKE VILLAGE REAHAB AND CARE CENTER	\$428,400
412	LAKESIDE NURSING CENTER	\$121,275
420	LAKEWOOD CONVALESCENT HOME INC	\$0
836	LAKEWOOD NURSING AND REHAB CTR	\$0
601	LAUREL PLACE HEALTH AND REHAB CTR	\$24,615
425	LAWRENCE HALL NURSING CENTER	\$22,473
540	LEGACY HEALTH & REHABILITAT I ON	\$139,272
426	LEGACY HEIGHTS NURSING AND REHAB	\$124,917
704	LINCOLN HEIGHTS HEALTHCARE	\$47,982
260	LINDLEY HEALTH AND REHAB CENTER	\$17,873
210	LINROCK HEALTH AND REHAB	\$24,195
438	LITTLE RIVER NURSING HOME	\$20,000
432	LONGMEADOW NURSING CENTER CAMDEN	\$24,383

Arkansas Department of Human Services Division of Medical Services Professional Liability Insurance Cost from 7/1/2012 - 6/30/2013 Medicaid Cost Report For Arkansas Nursing Homes

(Only those facilities that are operated for the full state fiscal year Are required to submit a full-year cost report.)

VEN- DOR	PROVIDER NAME	LIAB. INS.
436	LONGMEADOW NURSING CENTER MALVERN	\$0
848	LONOKE NURSING AND REHAB CTR	\$0
880	MADISON HEALTH AND REHAB LLC	\$0
524	MALVERN NURSING AND REHABILITATION	\$47,690
465	MANILA NURSING CENTER	\$113,190
870	MAPLES AT HARBOR MEADOWS	\$226,380
496	MEADOWVIEW HEALTHCARE & REHAB	\$130,537
435	MENA MANOR	\$94,583
510	METHODIST HEALTH AND REHAB	\$10,217
515	MITCHELLS NURSING HOME INC	\$35,845
424	MONETTE MANOR	\$39,408
521	MONTGOMERY COUNTY NURSING HOME	\$633
358	MURFREESBORO REHAB AND NURSING INC	\$(
852	N&R CTR AT GOOD SHEPHERD/LR	\$187,317
532	NASHVILLE NURSING & REHAB INC	\$113,190
64	NEW HOPE HEALTH AND REHAB LLC	\$228,52
534	NEWTON COUNTY NURSING HOME	\$15,924
868	NORTH HILLS LIFE CARE AND REHAB	\$148,764
864	NORTHRIDGE HEALTHCARE AND REHAB	\$84,353
544	OAK MANOR NURSING AND REHAB CTR	\$187,317
549	OAK RIDGE NURSI NG HOME	\$134,698
877	OAKDALE NURSING CENTER	\$93.966
885	OSCEOLA THERAPY AND LIVING CENTER	\$309,35
769	OZARK HEALTH NURSING AND REHAB	\$(
570	OZARK NURSING HOME	\$59,384
815	PARIS HEALTH & REHABILITATION	\$194,334
592	PERRY COUNTY NURSING & REHAB CTR	\$135,967
442	PINE HILLS HEALTH AND REHAB LLC	\$155,28
111	PINE LANE THERAPY AND LIVING CENT	\$282,45
444	PINEWOOD HEALTH AND REHAB LLC	\$130,37
609	PINK BUD HOME FOR THE GOLDEN YEARS	\$116,16
610	PIONEER THERAPY AND LIVING C ENTER	\$277,63
618	PLEASANT MANOR NURSING AND REHAB	\$45,324
854	PLEASANT WALLEY NURSING AND REHAB	\$49,157
768	POINTER TRAIL HEALTH AND REHAB LLC	. ,
501	PRAIRIE GROVE HEALTH AND REHAB	\$153,817 \$47,113
857	PREMIER HEALTH AND REHABILITATION	\$175,79
9010	PRESBYTERIAN VILLAGE INC	\$64,923
613	PRESCOTT MANOR NURSING CENTER	\$128,029
842	QUAPAW CARE & REHAB CTR LLC	\$196,677
616	RANDOLPH COUNTY NURSING HOME	\$19,209
858	RECTOR NURSING AND REHAB CENTER	\$200,130
258	RED OAK HEALTHCARE AND REHAB LLC	\$168,624
439	RIDGECREST HEALTH AND REHAB	\$134,21
633	RIVER CHASE REHAB AND CARE CENTER	\$369,600
829	RIVER RIDGE REHAB AND CARE CENTER	\$420,000
776	RIVER VALLEY HEALTH AND REHAB	\$61,138
843	ROBINSON NURSING & REHAB CTR LLC	\$171,717
652	RUSSELLVILLE NURSING AND REHAB	\$156,11

VEN- DOR	PROVIDER NAME	LIAB. INS.
158	SALEM PLACE NURSING AND REHAB	\$188,877
887	SANDALWOOD HEALTHCARE LLC	\$124,017
242	SEVEN SPRINGS H&R	\$205,089
835	SHERWOOD NURSING & REHABILI T ATION	\$137,397
881	SHILOH NURSING AND REHAB LLC	\$124,917
800	SILOAM SPRINGS NURSING REHAB CTR	\$0
443	SILVER OAKS HEALTH AND REHAB	\$168,168
447	SOUTHERN HERITAGE HEALTH AND REHAB	\$205,089
827	SOUTHERN TRACE REHAB AND CARE	\$487,200
547	SOUTHFORK RIVER THERAPY LIVING	\$225,980
410	SOUTHRIDGE VILLAGE NURSING & REHAB	\$393,851
838	SPRING BROOK HE ALTH & REHAB C ENTE	\$32,398
831	SPRING CREEK HEALTH AND REHAB	\$176,253
619	SPRINGDALE HEALTH & REHAB	\$156,457
376	ST ANDREWS PLACE	\$76,471
866	ST ELIZABETH'S PLACE	\$177,870
701	ST JOHNS PLACE OF ARKANSAS LLC	\$264,734
705	STELLA MANOR NURSING AND REHAB	\$224,757
542	STONE COUNTY NURSING AND REHAB	\$49,088
890	STONEGATE VILLA HEALTH AND REHAB	\$102,545
375	STONERIDGE HEALTH & REAHB LLC	\$0
693	STONEYBROOK HEALTH AND REHAB	\$119,095
725	SUMMIT HEALTH & REHAB	\$147,100
454	THE GREEN HOUSE COTTAGES, MAGNOLIA	\$252,926
133	THE GREEN HOUSE COTTAGES OF SOUTH	\$232,612
454	THE GREEN HOUSE COTTAGES, RISON	\$97,378
448	THE WOODS OF MONTICELLO H&R	\$178,721
665	THREE RIVERS HEALTHCARE AND REHAB	\$54,649
875	TIMBERLANE HEALTH & REHABILITAION	\$155,232
9006	TRINITY VILLAGE MEDICAL CENTER	\$43,443
845	TWIN LAKES THERAPY AND LIVING CTR	\$215,200
603	TWIN RIVERS HEALTH & REHAB	\$0
884	VALLEY RANCH NURSING AND REHAB	\$76,179
81	VAN BUREN HEALT HCARE AND REHAB	\$78,231
883	WALNUT GROVE NURSING AND REHAB	\$52,068
339	WESTWOOD HEALTH AND REHAB INC	\$121,275
860	WHITE HALL NURSING AND REHAB	\$187,317
785	WHITE RIVER HEALTH CARE	\$22,030
826	WILLOWBEND AT MARION	\$48,964
337	WINDCREST HEALTH AND REHAB INC	\$120,246
823	WOODBRIAR NURSING HOME	\$56,455
844	WOODLAND HILLS H&R	\$84,002
863	WOODLAND HILLS HEALTHCARE & REHAB	\$178,898
797	WOODRUFF COUNTY HEALTH CENTER	\$89,898
812	YELL COUNTY NURSING HOME	\$50,300
	TOTAL	\$23,372,143

CRANKY OLD MAN

This poem is said to be authored by an anonymous elderly gentleman, living in an Australian nursing home.

What do you see nurses? What do you see?

What are you thinking when you're looking at me?
A cranky old man, not very wise,
Uncertain of habit with faraway eyes?
Who dribbles his food and makes no reply.
When you say in a loud voice'I do wish you'd try!'
Who seems not to noticethe things that you do.
And forever is losing A sock or shoe?
Who, resisting or not lets you do as you will,
With bathing and feeding The long day to fill?
Is that what you're thinking?Is that what you see?
Then open your eyes, nurse .you're not looking at me.
I'll tell you who I am As I sit here so still,
As I do at your bidding, \dots as I eat at your will.
I'm a small child of Tenwith a father and mother,
Brothers and sisters \dots who love one another
A young boy of Sixteen with wings on his feet
Dreaming that soon now a lover he'll meet.
A groom soon at Twenty my heart gives a leap.
Remembering, the vowsthat I promised to keep.
At Twenty-Five, now I have young of my own.
Who need me to guide And a secure happy home.
A man of Thirty My young now grown fast.
Bound to each other With ties that should last.

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At Forty, my young sons .. .have grown and are gone,
  But my woman is beside me . . to see I don't mourn.
  At Fifty, once more, .....Babies play 'round my knee,
  Again, we know children . . . . My loved one and me.
   Dark days are upon me . . . . My wife is now dead.
   I look at the future ..... I shudder with dread.
 For my young are all rearing .... young of their own.
And I think of the years . . . And the love that I've known.
   I'm now an old man . . . . . . . and nature is cruel.
   It's jest to make old age . . . . . . look like a fool.
 The body, it crumbles .. .. grace and vigour, depart.
  There is now a stone . . . where I once had a heart.
  But inside this old carcass. A young man still dwells,
  And now and again . . . . my battered heart swells
  I remember the joys . . . . . . I remember the pain.
   And I'm loving and living . . . . . . life over again.
   I think of the years, all too few . . . . gone too fast.
  And accept the stark fact . . . that nothing can last.
  So open your eyes, people .... open and see.
                  Not a cranky old man.
        Look closer . . . . see . . . . . . . . . . ME!!
```

After the man passed away, the nurses at the care home where he resided allegedly found this unpublished poem among his possessions. They were so inspired by its contents that they felt compelled to share his words with the world.

To be sure, this piece presents a poignant examination of the unforgiving, un-halting progress of life, not to mention the sense of invisibility felt by many older people.

But, there's more to the story behind this verse than most of its readers realize. What do you see?



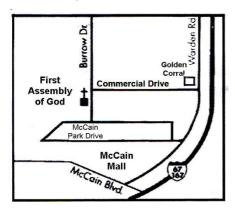
Arkansas Advocates *for* Nursing Home Residents AANHR

P.O. Box 165641 Little Rock, AR 72216

www.aanhr.org

NON-PROFIT ORGANIZATION U.S. POSTAGE PAID LITTLE ROCK, AR PERMIT NO. 1886

March 2014



Strength in Numbers, AANHR Needs You!!

AANHR is a nonprofit organization run by non-paid volunteers dedicated to protecting and improving the quality of care and life for Arkansas residents in long term care facilities.

Won't you please lend your support to us by joining our organization? Your membership dues help to pay for our activities that support our mission statement. Memberships are available on a calendar year basis. Join now and you will be a member through **December 31, 2014**.

Today's Date			
Name			
Mailing address			
City/State/Zip			
Phone			
Email			
 () I wish to receive the AANHR newsletter. () \$15 per individual membership enclosed. () \$20 per family or corporate membership. () Waive dues because of financial hardship. 			

Please make checks payable to: AANHR and mail to PO

2336 Rivierview Circle, Benton AR 72019

<u>Driving directions to</u> <u>First Assembly of God Church,</u> 4501 Burrow Road, North Little Rock

Coming from the North:

When driving South on Highway 67/167, take exit #1A onto Warden Road. As soon as you safely can, move into the right-hand lane, as you will be turning right at the Golden Corral Restaurant onto Commercial Drive.

Coming from East, West or South:

If you are on either I-30 or I-40, take Highway 67/167 North. Take exit #2 onto Landers Road. Stay in the left-hand lane, as you will be turning left and going under Highway 67/167 and enter Warden Road going southbound. As soon as you safely can, move into the right-hand lane, as you will be turning right at the Golden Corral Restaurant onto Commercial Drive.

Commercial Drive terminates at the church. Proceed straight across Burrow Road into the church's parking lot and turn right at the far side of the building into the narrow alley-like drive.

The entry door is located about half-way down this side of the church and the meeting room (#102) is immediately inside the entrance door.