

AANHR

Arkansas Advocates for Nursing Home Residents

PROTECTING NURSING HOME RESIDENTS

November
2008

Conway (501) 450-9619 · Fairfield Bay (501) 884-6728 Conway (501) 450-7405

AANHR's Mission Statement:

"To protect and improve the quality of care and life for residents in Arkansas nursing homes."

Next Meeting November 10

MEETING PLACE:

First Assembly of
God Church
4501 Burrow Road
North Little Rock
Directions to church
on back of Newsletter.

10:00 a.m.
Meeting for members, family and friends of residents (Closed to persons representing the nursing home industry).

11:00 a.m.
Public Meeting
(see article at right)

PLEASE NOTE!!!
No AANHR meeting or newsletter in December. We're looking forward to further successful advocating in the new year: 2009!

November 10th Program: <u>Gathering Consumer Input Regarding Long Term Care System</u> Ray Scott, Ray Scott Associates, Inc.

AANHR is very pleased to offer AANHR members the opportunity to interact with Mr. Ray Scott. November's meeting affords advocates a time to share our thoughts on the long-term care system and which services we believe will best serve Arkansans with additional choices in both method and availability of needed services.

Arkansas was recently given the opportunity to assess its long-term care system through a Real Choice Systems Change Grant from Centers for Medicare and Medicaid Services. Consumer and stakeholder input is a critical part of the assessment. Information collected is being used to identify any successes the state has made to date in rebalancing its long-term care system by offering home and community based alternatives to institutional care

Mr. Scott is gathering consumer input by conducting a number of meetings enabling him to talk to long-term care consumers. The input we, as consumer advocates, give him will help the state provide a wide array of long-term care options, offering individual Arkansans increased choices for needed long-term care services and supports, and will determine if there are gaps in the system.

Ray Scott has a long and distinguished career in state government and public administration with thirty-five years of executive experience in public administration having served at state and federal levels (served seven Arkansas governors). He has served as Director of the Arkansas Office of Aging, Arkansas Department of Human Services, and Chief of Staff to U.S. Senator David Pryor and from 2005-2007 as Deputy Director of the Arkansas Department of Human Services. He currently operates a private consulting and government relations practice.



From the President's Desk Martha Deaver

AANHR hosts two premier events each year. The first, our CNA Award Luncheon, held in June, recognizes and honors the valuable role that Certified Nurse Aides play in the hands on, minute to minute, care of our beloved, frail, elderly family members. Our second event, the annual Residents' Rights Rally, took place Monday, October 13, at the State Capitol in Little Rock.

Each year for the past five years, AANHR advocates, friends, and nursing home residents have gathered to acknowledge the rights of nursing home residents. Attendees know that when a person can no longer be responsible for their own care, many go to a long-term care setting. AANHR's goal as an organization is to "protect and improve the quality of care and life for nursing home residents in Arkansas." We acknowledge the importance of these rights -- rights guaranteed by the federal nursing home reform act of 1987 -- rights that must not be diminished! Please note, very closely, this statistic: in 2004, A congressional report was released, prepared at

Please note, very closely, this statistic: in 2004, A congressional report was released, prepared at the request of Congressman Vic Snyder. The report stated that ninety-five percent of Arkansas nursing homes were cited for conditions that carried with them the potential to <a href="https://example.com/harmansas.com/harman

A report recently released by the Federal Government stated: "each year from 2005 to 2007, <u>ninety-five percent</u> of Arkansas nursing homes were cited for violations of federal health and safety standards." This average of <u>two thousand</u> violations of the law each year occurred during the care of <u>our</u> nursing home residents!

According to the Centers for "Medicare & Medicaid Services: from January 1st 2008, to date, there have been over 2,300 violations written so far this year on Arkansas' nursing homes! These shocking statistics demand that <u>ALL</u> of us work together to protect and improve the quality care and life for residents in AR nursing homes. Please join AANHR today in this endeavor.

In the news:

SEARCY — Harding University's College of Nursing received the 2008 Award for Excellence in Gerontological Nursing Education for the category of Baccalaureate-Level Curricular Innovation on Oct. 19 at the Fairmont Washington Hotel in Washington, D.C. The college received a \$500 award and national recognition from the John A. Hartford Foundation Institute for Geriatric Nursing and American Association of Colleges of Nursing for its gerontology program. One graduate and one undergraduate institution receive the award each year. Receipt of the award was largely based on a change in curriculum involving student participation in the Ombudsmen program, which was founded in 1972 to meet the needs of nursing home residents. Each state is now required to have an Ombudsmen program, according to the federal Older Americans Act of 1992. Harding nursing students participate in the Certified Volunteer Ombudsman program under the supervision of the state ombudsman program.

Reprinted from the Ark. Dem.Gaz 10-27-08 5B

No AANHR Meeting or Newsletter in December

As usual, due to Christmas holiday activities, there will be no <u>December meeting</u> <u>OR</u> <u>newsletter</u> in <u>December to allow AANHR members to spend valuable time with their families. Watch the mail for the first newsletter of 2009 in early January. Please join us at the January meeting as we begin another year of advocating for our nursing home residents.</u>

Election at <u>November 10th</u> Meeting for 2009 AANHR Officers and Board Members

Nominating Committee for November Election:

Chairperson Ann Pinney - (501) 249-1084
Committee Members James Brooks - (501) 753-6680
Pat McGuire - (501) 847-1016

Call any member of the Nominating Committee if you wish to nominate someone for an officer or board position. You must have the permission of your nominee.

The AANHR by-laws require a presentation of a slate of officers and board members, nominated by the Committee, for the coming year at the October meeting. Officers are automatically members of the board of directors.

Proposed Slate of officers effective January 1, 2009 include:

President - Martha Deaver, Conway Vice-President - Nancy Johnson, Fairfield Bay Secretary - Betty Buckta, Judsonia Treasurer - Nancy Johnson, Fairfield Bay Program Chairperson - Nancy Allison, Conway

Members of the Board of Directors:

Martha Blount, Searcy
James Brooks, North Little Rock
Julie Edwards, Mabelvale
Gleason McGuire, Alexander
Pat McGuire, Alexander
Gary Melton, Searcy
Ann Pinney, Benton
Frances Walker, Benton

Amendment to AANHR By-Laws Proposed

AANHR's By-Laws may be amended by the affirmative vote of two-thirds of members present and voting at any regular or special meeting of the organization, providing that the amendment shall have been approved by a majority of the Board of Directors, and that notice shall have been sent to all members in good standing two weeks prior to that meeting. This constitutes the required notice of a change in the By-Laws which is recommended by the Board of Directors.

The Board of Directors proposes eliminating paragraph #3 under Article VII: Board of Directors. This paragraph now reads:

"Members of the Board of Directors shall be elected for a term of one year and are eligible for re-election twice (for a total of three years). After that, the member is ineligible for one year, but may serve in appointive positions. After one year, he/she is once again eligible for nomination to the Board."

It is recommended that this paragraph alone be eliminated. All other provisions under Article VII will remain in effect as now written. This amendment will be voted upon at the November meeting.



Lonoke Nursing Home Residents





Fifth Annual Residents' Rights Rally 2008



Governor Mike Beebe, Dr. Montague, Kathie Gately, Arkansas State Ombudsman, Dr. Gerald Parker

Dr. David Montague, Director of UALR Senior Justice Center



Pilgrim Progress Missionary Baptist Church and James Brooks, AANHR Board Member

Dr Gerald Parker, Sr. of



Jay Shue, Arkansas State Attorney General, Medicaid, speaks to rally.



Left: Martha Deaver, AANHR President, Dr. Montague, Kathie Gately



Dr. Parker, Jerry Lancaster, Interim State AARP President, Jay Shue, Arkansas State Attorney General, Medicaid

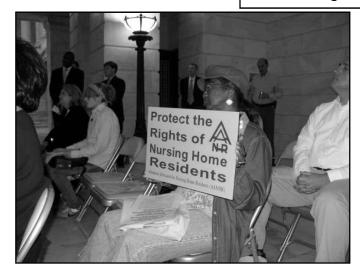


Gov. Mike Beebe speaks to rally

Wendell Pettus, guest; Gary Melton & Julie Edwards, AANHR Members

<u>A group that cares about nursing home residents and their families:</u>

Enthusiasm for honoring nursing home resident's rights was not dampened by the gloomy weather. It was the 5th Annual Resident's Rights Rally. The sun was shining in the Capitol Rotunda as Lonoke Nursing Home brought several of their residents to enjoy the festivities. They were warmly welcomed by their many advocate friends. More than one hundred attendees received material pertaining to protecting the rights of nursing home residents. Dr. Gerald Parker Sr., Pilgrim Progress Missionary Baptist Church opened the program with the invocation, followed by Martha Deaver, Program Chairperson, reading the Residents' Rights proclamation which had been signed by the Governor. Honorable Mike Beebe addressed the group, followed by comments from numerous "friends of nursing home residents". They were: Jay Shue, Arkansas State Deputy Attorney General, Medicaid; Kathie Gately, Arkansas State Ombudsman; Jerry Lancaster, Interim State President of AARP; and Dr. David Montague, Director of UALR Senior Justice Center. Ms. Gately provided the crowd with chocolate bars bearing the slogan "Residents' Rights, They're All Right" and pom-poms and required everyone to stand and cheer, all much to the delight of the nursing home Please know, that there are many caring members of the residents. Arkansas Advocates for Nursing Home Residents across the state that can help you protect your rights as a nursing home resident! For more information go to WWW.AANHR.ORG.





Please Support the Arkansas LANE by joining Advancing Excellence in America's Nursing Homes Campaign.

Go To: http://www.nhqualitycampaign.org Select the consumer tab, fill in the boxes Click the I Accept box and you will be on your way to supporting change in all long term care facilities dedicated to giving choices back to its residents.

> Thank You Teresa Higginbotham RN Arkansas LANE Convener, Program Manager Arkansas Coalition for Nursing Home Excellence Hartford Center for Geriatric Nursing Excellence **UAMS College of Nursing** Dwight Reynolds Institute on Aging

Protecting Arkansas Seniors

State agencies have formed a partnership along with the AARP to protect the financial interests of senior citizens by holding town hall meetings around the state. Subjects such as identity fraud, investment fraud, reverse mortgages, insurance fraud, and Medicare will be discussed. Meeting time is 8:30 to 1:30. Lunch will be provided.

October 7th Springdale Jones Center

October 13th Hot Springs Village Coronado Center

October 23rd Mountain Home First Baptist Church

November 6th November 13th November 17th Jonesboro St. Bernard's

Auditorium

Hope U of A Community

College

Monticello U of A at Monticello

Register today toll-free at 1-877-926-8300. Advanced registration required.



Sponsored by:

Insurance Department - SHIIP DHS - Division of Aging and Adult Services Office of the Attorney General Securities Department Bank Department AARP

AANHR Special Thanks

We extend our heartfelt thanks to the following people and groups who make our outreach possible:

Jack Waggoner and Gene Ludwig for keeping AANHR supplied with copies of the book DANGER ZONE.

Brandon Clark of the Law Offices of Brandon Clark, PLLC, for ongoing support of AANHR activities.

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First Assembly of God Church in North Little Rock for providing AANHR a meeting room.

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Eric Wewers of The Law Offices of Eric Wewers, PLLC, for advising AANHR's Board of Directors.

Hare Wynn Newell & Newton for financial and promotional support over the years.

Todd Griffin of The Law Offices of Todd Griffin, PLLC, for advising AANHR's Board of Directors.

AANHR Officers and Board Members

President - Martha Deaver, Conway

Vice President - Nancy Johnson, Fairfield Bay

Program Chairman - Nancy Allison, Conway

Secretary - Betty Buckta, Judsonia

Treasurer - Nancy Johnson, Fairfield Bay

Members of the Board: Martha Blount, Searcy; James Brooks, North Little Rock; Betty Buckta, Judsonia; Martha Deaver, Conway; Julie Edwards, Mabelvale; Gleason McGuire, Bryant; Ann Pinney, Benton.

Honorary Board Members: Jim and Faye Sandstrum, Searcy.

Newsletter Editors: Martha & Ernie Blount, Searcy

Helpful/Important Numbers

The Office of Long Term Care (OLTC)

has a toll-free number for information, assistance and complaints for residents and family members: 1 - 800 - LTC - 4887 between 8 a.m. and 4:30 p.m. on weekdays.

You may also write to: Office of Long Term Care (OLTC) P.O. Box 8059, Slot 400 Little Rock, AR 72203-8059
OLTC website:

https://www.medicaid.state.ar.us/InternetSolution/General/units/oltc/index.aspx

You should also report complaints to the Arkansas Attorney General Toll Free: 1 - 866 - 810 - 0016

Little Rock Local: 682 - 7760

For additional assistance or a listening ear, call AANHR at (501) 450 - 9619 in Conway;

(501) 884 - 6728 in Fairfield Bay;

Visit our website at www.aanhr.org or e-mail us at Info@aanhr.org

Your local Ombudsman's number should be posted in a prominent place in the nursing home, preferably near the front entrance. You may also call your local Area Agency on Aging to secure the name and phone number of the Ombudsman.

The UALR Senior Justice Center can be reached at: 501 - 683 - 7153.

Strength in Numbers, AANHR Needs You!!

AANHR is a nonprofit organization run by non-paid volunteers dedicated to protecting and improving the quality of care and life for Arkansas residents in long term care facilities.

Won't you please lend your support to us by joining our organization? Your membership dues help to pay for our activities that support our mission statement. Memberships are available on a calendar year basis. Join now and you will be a member through December 31, 2009.

Name
Mailing address
City/State/Zip
Phone
Email
 () I wish to receive the AANHR newsletter. () \$15 per individual membership enclosed. () \$20 per family or corporate membership. () \$4 per student or CNA membership. () Waive dues because of financial hardship. Please make checks payable to: AANHR and mail to

135 Hillside Dr #112 Fairfield Bay AR 72088-4026

<u>Driving directions to</u>
<u>First Assembly of God Church,</u>
4501 Burrow Road, North Little Rock

Coming from the North:

When driving South on Highway 67/167, take exit #1 onto Warden Road. As soon as you safely can, move into the right-hand lane, as you will be turning right at the Golden Corral Restaurant onto Commercial Drive.

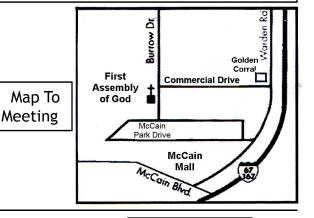
Coming from East, West or South:

If you are on either I-30 or I-40, take Highway 67/167 North. Take exit #2 onto Landers Road. Stay in the left-hand lane, as you will be turning left and going under Highway 67/167 and enter Warden Road going southbound. As soon as you safely can, move into the right-hand lane, as you will be turning right at the Golden Corral Restaurant onto Commercial Drive.

Commercial Drive terminates at the church. Proceed straight across Burrow Road into the church's parking lot and turn right at the far side of the building into the narrow alley-like drive.

The entry door is located about half-way down this side of the church and the meeting room (#113) is immediately inside the entrance door.

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"To protect and improve the quality of care and life for residents in Arkansas nursing homes."





AANHR

P.O. Box 22421 Little Rock, AR 72221-2421 www.aanhr.org

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